

Dr Ben Grey, Principal Lecturer in Clinical Psychology, Chartered Psychologist and Social Worker



- **Principal Lecturer (Research), Doctorate in Clinical Psychology, University of Hertfordshire.** I currently help run the research side of the University of Hertfordshire's Doctorate in Clinical Psychology, supervising and supporting level doctoral research, as well as teaching and tutoring the trainee Clinical Psychologists on the programme. I am the lead for the Service-related Research Project (SRP) on the programme. I am supervising 6 doctoral research projects on the programme, and also 6 PhD / Clinical Doctorate projects externally.
- **Research Interests:** include caregiving (including developing and researching the Meaning of the Child Interview: www.meaningofthechild.org), a social and family systemic understanding of attachment and caregiving, the use of attachment procedures in child welfare settings, narrative story stem techniques with children, and the relationships of autistic children and their parents.
- **Advisory Editorial Board Member** of the journal *Human Systems: Therapy, Culture and Attachment*.
- **Co-director, Cambridge Centre for Attachment (2012 -)** Our work specialises in the integration of evidence-based, researched methods of assessing attachment and family relationships, with assessment & intervention in child welfare practice. I have been trained in a full range of research validated procedures assessing the relationships of adults and children, from birth to adulthood (see below). I no longer conduct direct family court assessments, focussing on consultancy, mentoring and training. We support local authorities, CAMHS services, OT practices, as well as individual practitioners. I also conduct doctoral supervision for other universities via research contacts (see below).
- **Trainer.** I have conducted training for CAFCASS, NAGALRO, BAAF, NHS trusts, Local Authorities, and at conferences, on attachment and other areas of professional practice. I teach the MotC internationally and coordinate a multidisciplinary network of professionals using the MotC in their practice and research. I am licenced to teach the Child Attachment and Play Assessment (www.the-CAPA.com), a projective story-based assessment of attachment, mentalising and play in children.
- **Founder member of the International Association for the Study of Attachment (IASA) (www.iasa-dmm.org)**

Qualifications

- **PhD in Psychology**, University of Roehampton, **2014**
- **MA in Social Work with Distinction**, Warwick University, **1997**
- **Diploma in Social Work (CCETSW)**, **1997** – Professional Qualification
- **MSc in Psychology (conversion award) with Distinction**: Manchester Metropolitan University, **2020**
- **BA (Honours) in Philosophy, Politics and Economics**, Oxford University, **1992**
- **Fellow of the Higher Education Academy (FHEA)**, reference number: **PR169199**
- **Member of CoramBAAF Adoption & Fostering Academy and CoramBAAF legal and research groups**
- **Chartered Psychologist Member of the BPS, and a Social worker, registered with Social Work England**

Previous Employment

- **Senior Lecturer and Programme Convenor, Attachment Studies, Department of Psychology, University of Roehampton (2018 -)**: I was responsible for developing, co-ordinating and teaching on the pioneering MSc programme in Attachment Theory, Research and Practice. I also taught on other programmes including Roehampton's Doctorate in Counselling Psychology, and the supervision of PhD students (2012-2018).
- **Expert Witness (Family Courts)**: From **2002 - 2019** I frequently reported in Family Court Proceedings as an expert witness in matters relating to attachment, parenting, risk assessment, family relationships, contact in private and public law, and other decisions relating to children.
- **Therapeutic Assessments and Interventions Manager, Family Care (2008 – 2012)**
I managed a skilled, multi-disciplinary team conducting expert assessments and therapeutic interventions in Family Court Proceedings and related matters for a voluntary sector child welfare organisation.
- **Children's Guardian and Reporting Officer (2000 – 2008)**
Self employed Contractor to the Children and Families Court Advisory and Support Services (CAFCASS) from its inception in 2001-2008, Member of the West Sussex GALRO 2000 - 2001.

- **Hampshire County Council (1997 – 2000) and Hampshire’s Adoption Panel (North Hampshire Panel)**
Children and Families’ Social Worker for the team that covered the busy Leigh Park area, Havant
- **Hertfordshire Autistic Community Trust (1995 – 1997):** Residential Social Worker for autistic young adults
- **Member of the NAGALRO Council, and Company Director of NAGALRO**
NAGALRO (www.nagalro.com) is The Professional Association for Family Court Advisors and Independent Social Work Practitioners and Consultants seeking to promote standards in this field. I am a former member of the editorial board of the NAGALRO’s journal ‘Seen and Heard’.

Clinical Work

Assessment of Parenting and Risk

I have over 25 years’ experience of working with Children and Families as a social worker, Children’s Guardian, Independent Consultant and as manager of a therapeutic and assessment team for a child-care organisation. I have experience and training in working with children and adults with disabilities and have particular interest and training in issues relating to Autism. I have written 100’s of reports and statements for the family courts in England and Northern Ireland and am experienced in giving evidence to the Court at all levels.

Assessment of Attachment in Children and Adults

In addition to my experience in Social Work, I have 20+ years of further psychological training, research, and study (to PhD level), in the field of parent-infant mental health. My training and accreditation includes administering and classifying the Adult Attachment Interview (DMM-AAI), the CARE-Index, the Parent Development Interview (Reflective Functioning Scale), and the School Age Assessment of Attachment (SAA). I have also developed and researched the Meaning of the Child Interview (MotC), and have been licenced to teach Child Assessment of Play and Attachment (CAPA: also known as narrative story stems, www.the-capap.com). I have longstanding experience of using all these in assessment and intervention with children and families and supporting others to do the same.

Research and Knowledge Exchange

The Meaning of the Child Interview and Network

I developed and conducted the validation study of the *Meaning of the Child Interview* (MotC: Grey 2014, Grey and Farnfield 2017a, 2017b, Grey ed., 2026), a procedure for classifying parenting interviews to understand parent-child relationships. The MotC offers a practical pathway for practitioners in applying attachment theory to understanding family relationships and planning intervention. It makes a unique contribution to the field of applied attachment theory in operationalising a systemic understanding of caregiving in a procedure developed to meet the needs of practitioners as well as researchers. It has been researched in its own right in normative and forensic settings (Grey and Farnfield 2017b), and has contributed to research on family relationships in families with a child with an autism diagnosis, child welfare and the family courts, professional relationships with clients, sibling relationships, the relationships of fathers with their children in adoption and in the COVID-19 pandemic (see www.meaningofthechild.org and publications list).

The MotC is being used in practice in social work, occupational therapy, CAMHS, and therapeutic services, in the UK and internationally. Co-authored case studies of its use and impact in the UK, Ireland and Iceland are presented in my forthcoming book (Grey ed. 2026, see publications). It is the subject of my forthcoming book; *‘The Meaning of the Child Interview: Making Sense of Parent-Child Relationships’*, due to be published as part of the Palgrave Texts in Counselling and Psychotherapy series. It is, in my understanding, unique in offering practitioners a practical, ‘how to’ guide to analysing adult relational discourse using attachment-based methods and using it for clinical formulation. This methodology, although well researched, has existed almost entirely within lengthy training courses and unpublished training manuals. It thus aims at bridging a significant gap between how attachment and caregiving theory is understood and how it is operationalised by researchers and practitioners (Duschinsky 2020).

The MotC's use in practice was demonstrated in evaluations of the **Norfolk Parent-Infant Mental Health Project (PIMAP)**. PIMAP used the MotC for case formulation with high-risk families, where children were at risk of going into care (Smith et al. 2018). The project showed considerable success in keeping children with their families and reducing the need for child protection involvement (McPherson et al. 2018 present an in-depth evaluation of the project's effectiveness; see Smith et al. 2018 for a more detailed description of the nature of the work carried out, including the role of the MotC).

The MotC has been incorporated into **SAFE (Systemic Autism-related Family Enabling)**, a multi-family systemic intervention for families who have a child with an autism diagnosis (McKenzie et al. 2019; Dallos et al. (2026). SAFE's £3 million+ bid for a national NHS trial has recently been awarded (subject to conditions); I have been asked to be an advisor on the board. This will include the use of the MotC to analyse parenting interviews both within and researching the intervention.

The MotC formed part of the **Knowing Me Knowing You** group intervention for adoptive parents whose child displays aggression and violence. This is evaluated and discussed in Barrow and Grey (2026) where it showed significant improvements in parental sensitivity and reflective functioning and reductions in parental stress.

The MotC is also part of **Sensory Attachment Intervention** (www.sensoryattachmentintervention.com). SAI has been developed by Éadaoin Bhreathnach, Occupational Therapist, Clinical Director of the Sensory Attachment Intervention Centre in Northern Ireland, which coordinates the teaching and accreditation of SAI internationally. The SAI model is designed for parents and children who are unable to regulate their arousal states and engage in therapeutic interventions. The approach has received international recognition Éadaoin Bhreathnach was awarded an Honorary Fellowship from Sensory Integration Education for her outstanding contributions to the advancement and promotion of Sensory Integration education, practice, and training. I am co-author to its first publication (Bhreathnach et al. 2026) within my book on the MotC and its applications (Grey ed. 2026).

The MotC is regularly used by **Milton Keynes Children's services** (including the Family Assessment and Support Team and the Family Drug and Alcohol Court Service – FDAC) within family assessment and support in a child protection and family court context (see Grey ed. 2026).

I am involved in providing ongoing support and consultancy to social workers, psychologists, therapists and other professionals in this procedure (see below). I co-ordinate an online network of those using and researching the MotC (see also www.meaningofthechild.org), running discussion and regular online and in person workshops to help practitioners apply the MotC in practice.

Training and Consultancy

I offer and have offered training and consultancy on the application of attachment theory to social work, therapeutic, and educational settings, including NHS trusts, local authorities, voluntary organisations, professional bodies, and private organisations, including BAAF, NAGALRO, Milton Keynes Social Services, TUSLA (Ireland), London Borough of Wandsworth and Action for Children, as well as directly through my own organisation, Cambridge Centre for Attachment (www.attachment.services). I teach on the Attachment Narrative Therapy programme.

I have presented at many conferences, nationally and internationally, including the International Association for the Study of Attachment (IASA) conferences in Bertinoro, Italy (2008), Cambridge (2010) and Frankfurt (2012), and the World Association of Infant Mental Health (WAIMH) Congresses in Edinburgh (2014) and Rome (2018). I gave a keynote speech at the Bowlby Centre Annual Conference 2025.

Current and recent consultancies include:

Treehouse Practice: Treehouse Practice is a specialised, team-based service for young people aged 0-25 years who have experienced trauma and adversity in their lives, and the adults who support them, based in Ireland. I consult regularly on their use of the Meaning of the Child Interview (MotC – see above).

Milton Keynes Children's Services: I have provided training and consultancy around the assessment of parent-child relationships, and our company, Cambridge Centre for Attachment (CCA) is contracted to provide clinical supervision and training to social workers and other employees.

Willows School Academy Trust: through our company Cambridge Centre for Attachment (CCA), we have provided training and consultancy in understanding the relational needs of children in their care and their impact on education and teaching.

Northern Health and Social Care Trust, Northern Ireland. I have provided training and consultancy on the MotC, as well as designed a training course for parental contact visits with their children, delivered by two colleagues to the trust.

Key Assets Consulting, Ireland. Key Assets offer an independent, one-stop-shop approach to delivering evidence-informed assessments and consulting service to professionals in Health Care, Social Care, Child Care and Legal services. I have trained their psychologists in the use of the MotC and assessments of child attachment.

Tengslamat Family Clinic, Iceland. Tengslamat primarily provides services to Child Protection Services, Social Services, and the Directorate of Immigration. It focusses on investigating attachment relationships and offering consultancy, therapeutic and supervision services. Tengslamat has hosted training for social and health care professionals all over Iceland on the Meaning of the Child Interview (MotC). This has been written up in Guðmundsdóttir R B, and Grey B (2026)

TIGALA, Ireland. TIGALA support children's guardians in the Irish Family Court service. We have trained the Meaning of the Child Interview and offer consultancy around the assessing and intervening in family attachment relationships.

Sofia University Bulgaria. We have been asked to teach the Meaning of the Child Interview and also offer training around the use of attachment assessment in research and clinical practice (March 2026).

Research Collaborations

SAFE Project: I collaborated in the feasibility study of SAFE (Systemic Autism-related Family Enabling, McKenzie et al. 2020), a project working systemically with families of a child with Autism, collaborating with Dr Becky Stancer (McKenzie) and the SAFE team, resulting in several publications (see below). SAFE's £3 million+ bid for a national NHS trial has been awarded and I have been invited to chair the board for this project.

Applied Social Science Group, University of Cambridge. I am currently supervising and/or supporting 2 doctoral projects on the University of Hertfordshire Doctorate in Clinical Psychology with the Applied Social Science Group, supported by Professor Robbie Duschinsky, Professor of Social Science and Health and Head of the Applied Social Science Group within the Primary Care Unit. These projects are part of the COACHES (CAMHS Referrals and Outcomes for Adolescents and Children with Social Workers) study, a four-year research collaboration including the NCB, the University of Cambridge, Kingston University, King's College London, the British Association of Social Workers (BASW) and the Care Leavers Association, examining data from over 70,000 young people across two NHS trusts.

Dr Pat Crittenden, Family Relations Institute, Miami, former pupil of Mary Ainsworth, now herself an international authority on attachment, developer of the Dynamic Maturational Model of Attachment (DMM). I helped develop a protocol for assessing attachment in adults and children in Family Court proceedings, through IASA (the

International Association for Study of Attachment). The protocol was tested over a 4-year period, involving reports submitted to 15 judges in 5 different countries internationally. I am co-author of the resulting paper (see below), as well as 2 further papers studying the use of the Adult Attachment Interview in forensic settings.

Dr Stephen Farnfield, former programme director in Attachment Studies, Roehampton University, and editor of the Routledge Handbook of Attachment. I helped develop and validate empirically the Child Assessment of Play and Attachment (CAPA: Farnfield 2016, www.the-capa.com), as well as participating in ongoing research.

Professor Rudi Dallos is professor emeritus in Clinical Psychology at the University of Plymouth and developer of Attachment Narrative Therapy. Together, we have developed a Family Attachment Interview (FAI) looking at a triadic understanding of attachment relationships and their utility for clinical practice. I am co-supervising and/or supporting 2 doctoral projects using the Meaning of the Child system of analysis to research the new interview.

Autism and Attachment Project. This is a collaboration between myself, Dr Mark Hudson (Associate Professor, Nottingham University), to coordinate Clinical Doctoral Research projects on the attachment relationships in families where there is autism, and clinical implications.

Doctoral Supervisions

Completed

Lara Howe (2021) *The early and later-life care experiences of individuals with a history of childhood neglect using short-term homeless services: an attachment informed Interpretative Phenomenological Analysis*, Doctorate in Counselling Psychology, University of Roehampton

Victoria Barrow (2024) *Knowing Me, Knowing You: Exploring the role of parental sensitivity and mentalization in relationships where adoptive children display aggression and violence and evaluating the impact of a parenting program to support these families*. PHD, University of Roehampton

Emily Hickson (2024) *How do parents use autism assessment reports, how helpful are they and what is their significance to parents within the overall diagnostic journey?* Doctorate in Clinical Psychology, University of Hertfordshire

Aisling de Brit (2024) *Autism, Attachment and the Parent-Child Relationship in Middle Childhood: A Qualitative Study*, Doctorate in Educational Psychology, University College Dublin

Georgia Monk (2025) *Caregiver attachment and discourse in relation to their physiological arousal in both adoptive and biological relationships*, Doctorate in Clinical Psychology, University of Hertfordshire

Elena Molina (2025) *A Mixed-Methods Exploration of Attachment and Cultural Orientation in Co-dependency*, Doctorate in Clinical Psychology, University of Hertfordshire

Layla Harding (2025) *Attachment and Caregiving in the context of Parental Learning Disabilities*. Doctorate in Clinical Psychology, Royal Holloway University of London

Cristina Catania (2025) *Understanding gay cisgender male parents' experiences of belonging in the transition to parenthood and its influence on the parent-child relationship*, Doctorate in Clinical Psychology, University of Hertfordshire

Chi-Ling Yeung (2025) *Understanding how parental caregiving is related to child's attachment in adoptive and normative relationships*, Doctorate in Clinical Psychology, University of Hertfordshire

In Process

PhD Supervisions

Autism and attachment throughout childhood and young adulthood: the contribution of an Equine Assisted Therapeutic Psychoeducational Programme (University of Roehampton; study based in Portugal)

Investigating the outcomes of Ayres Sensory Integration® treatment in adopted children using Attachment-informed and Occupational Therapy assessments (University of Roehampton)

Exploring the mentalising deficits associated with child maltreatment (University of Roehampton)

Exploring the Interplay of Parental Control, Attachment Style, and Embodied Attachment: A Study of Participants in an Authentic Movement Training Group in China (University of Hertfordshire)

Doctorate in Clinical Psychology Supervisions

How do CAMHS case notes characterise sexual violence for Child and Young People with and without Social Worker involvement (University of Hertfordshire – in cooperation with the Applied Social Science Group at the University of Cambridge, COACHES study)

Evaluating the efficacy of triadic attachment assessment in understanding problematic behaviours in men with personality disorders. A theory-building multiple case study. (University of Hertfordshire)

I am also consulting to the following doctoral projects:

The impact of maltreatment and social care involvement on outcomes for children and young people accessing Child and Adolescent Mental Health Services (University of Hertfordshire – in cooperation with the Applied Social Science Group at the University of Cambridge, COACHES study)

How do triadic mentalisation processes shape the relational self-concept of children and their attachment relationships: a single case study of a family with two siblings (University of Hertfordshire)

Exploring the role of attachment theory in perinatal social work supervision (Thesis committee appointment, Trinity College, Dublin)

Publications

Peer Reviewed Literature and Book Chapters

- ⊕ Crittenden, P. M., Farnfield, S., Landini, A., & Grey, B. (2013). Assessing attachment for family court decision-making: A forensic protocol for empirically-based evidence regarding attachment. *Journal of Forensic Practice*, 15(4).
- ⊕ Grey, B and Farnfield, S (2017a), The Meaning of The Child Interview (MotC) – A new procedure for assessing and understanding parent-child relationships of 'at risk' families', *Clinical Child Psychology and Psychiatry*, Vol: 22.2
- ⊕ Grey B and Farnfield S (2017b), The Meaning of the Child Interview (MotC) - The initial validation of a new procedure for assessing and understanding the parent-child relationships of 'at risk' families, *Journal of Children's Services*, Vol 12:1
- ⊕ Grey B. and Gunson J (2019) Invisible Children? How attachment theory and evidenced-based procedures can bring to light the hidden experience of endangered children, in Bunston W and Jones S. (Eds.) *Supporting Vulnerable Babies and Young Children: How to Work with Complex Challenges*. UK: Jessica Kingsley Publishers
- ⊕ Grey, B., Dallos, R., & Stancer, R. (2021). "Feeling 'like you're on ... a prison ship" – Understanding the caregiving and attachment narratives of parents of autistic children. *Human Systems: Therapy, Culture and Attachments*. Vol. 1(1): <https://doi.org/10.1177/26344041211000202>

- Crittenden, P. M., Landini, A., Spieker, S. J., & Grey, B. (2021). Using parental attachment in family court proceedings: DMM theory about the Adult Attachment Interview. *Child Abuse Review*, 30(6). <https://doi.org/10.1002/car.2730>
- Spieker, S. J., Crittenden, P. M., Landini, A., & Grey, B. (2021). Using parental attachment in family court proceedings: an empirical study of the DMM-AAI. *Child Abuse Review*. 30(6). <https://doi.org/10.1002/car.2731>
- Howe, L., Grey, B. and Dickerson, P. (2022), The early and later-life care experiences of individuals using short-term homeless services: an attachment-informed interpretative phenomenological analysis. *Mental Health and Social Inclusion*. Vol. 26 No. 4, pp. 363-373. <https://doi-org.roe.idm.oclc.org/10.1108/MHSI-12-2021-0088>
- Dallos, R., Grey, B., & Stancer, R. (2023). Anger without a voice, anger without a solution: Parent-child triadic processes and the experience of caring for a child with a diagnosis of autism. *Human Systems: Therapy, Culture and Attachments*. 3(1) <https://doi.org/10.1177%2F26344041221115255>
- Ash, Z., & Grey, B. (2022). "I feel ... I need to defend myself": Exploring the influence of social worker's attachment history on the social worker-client relationship. *Human Systems: Therapy, Culture and Attachments*. Vol. 2(3) <https://doi.org/10.1177/26344041221115940>
- Barrow, V., Grey, B., & Essau, C. A. (2022). "I am not exaggerating, literally a monster ... a Jekyll and Hyde type thing": Understanding the lived experience of adoptive fathers whose children display violence and aggression'. *Human Systems: Therapy, Culture and Attachments*. 3(1) <https://journals.sagepub.com/doi/10.1177/26344041221123513>
- Drzymala, H., Grey, B., & Fowler, N. (2022). Exploring the triadic parent-child-sibling relationship: How do mothers' view of their children impact sibling relationships? *Human Systems, therapy, culture and Attachments*, 3(2). <https://doi.org/10.1177/26344041221145619>
- Grey, B. (2023), Beyond Sensitivity: Understanding caregiving compromises in adverse contexts using the Meaning of the Child Interview, in Chrzastowski, Symon & Vetere, Arlene eds. *Safety, danger, and protection in the Family, Community, and the World - A systemic and attachment-informed approach*. London and New York: Routledge
- Voellmy, L., Grey, B., Fowler, N., & Walter, B. (2024). 'Trapped With My Children': fathers' caregiving experiences during the COVID-19 pandemic. *Human Systems, therapy, culture and Attachments* 0(0). <https://doi.org/10.1177/26344041241270190>
- Peng, L., Payne, H., & Grey, B. (2025). Healing developmental trauma: a pilot study on the discipline of Authentic Movement and attachment in adulthood. *Body, Movement and Dance in Psychotherapy*, 1–19. <https://doi.org/10.1080/17432979.2025.2528823>
- Grey, B. ed. (2026) *The Meaning of the Child Interview: Making Sense of Parent-Child Relationships*, Palgrave Macmillan (Palgrave texts in Counselling and Psychotherapy Series), Switzerland.
- Grey, B (2026) What Is the Meaning of the Child Interview? In Grey, B. ed. (2026) 'The Meaning of the Child Interview: Making Sense of Parent-Child Relationships', Palgrave Macmillan (Palgrave texts in Counselling and Psychotherapy Series), Switzerland.
- Grey, B (2026) Attachment Theory and the Self-Protective Transformation of Meaning. In Grey, B. ed. (2026) 'The Meaning of the Child Interview: Making Sense of Parent-Child Relationships', Palgrave Macmillan (Palgrave texts in Counselling and Psychotherapy Series), Switzerland.
- Grey B (2026) The Caregiving System. In Grey, B. ed. (2026) 'The Meaning of the Child Interview: Making Sense of Parent-Child Relationships', Palgrave Macmillan (Palgrave texts in Counselling and Psychotherapy Series), Switzerland.
- Grey, B (2026) Parental Mentalising – Storying the Inner Life of Self and Child. In Grey, B. ed. (2026) 'The Meaning of the Child Interview: Making Sense of Parent-Child Relationships', Palgrave Macmillan (Palgrave texts in Counselling and Psychotherapy Series), Switzerland.
- Grey, B (2026), Exploring the Dimensions of Caregiving – The Meaning of The Child Sub-Patterns. In Grey, B. ed. (2026) 'The Meaning of the Child Interview: Making Sense of Parent-Child Relationships', Palgrave Macmillan (Palgrave texts in Counselling and Psychotherapy Series), Switzerland.
- Grey, B (2026), The Meaning of The Child Assessment Process. In Grey, B. ed. (2026) 'The Meaning of the Child Interview: Making Sense of Parent-Child Relationships', Palgrave Macmillan (Palgrave texts in Counselling and Psychotherapy Series), Switzerland.

- Grey, B (2026), How to Code the Meaning of the Child Interview. In Grey, B. ed. (2026) '*The Meaning of the Child Interview: Making Sense of Parent-Child Relationships*', Palgrave Macmillan (Palgrave texts in Counselling and Psychotherapy Series), Switzerland.
- Grey, B (2026), The MotC Assessment Process – the Case of Leah and Mason, in Grey, B. ed. (2026) '*The Meaning of the Child Interview: Making Sense of Parent-Child Relationships*', Palgrave Macmillan (Palgrave texts in Counselling and Psychotherapy Series), Switzerland.
- Grey, B (2026), MotC-Based Formulation – Using the Meaning of the Child Interview to Plan Intervention. In Grey, B. ed. (2026) '*The Meaning of the Child Interview: Making Sense of Parent-Child Relationships*', Palgrave Macmillan (Palgrave texts in Counselling and Psychotherapy Series), Switzerland.
- Dallos R. and Grey, B (2026), Attachment-Based Interview Analysis: The MotC and AAI as a Research Method In Grey, B. ed. (2026) '*The Meaning of the Child Interview: Making Sense of Parent-Child Relationships*', Palgrave Macmillan (Palgrave texts in Counselling and Psychotherapy Series), Switzerland.
- Grey, B and Dallos, R. (2026), The Meaning of the Child in Qualitative Research: How to do Attachment-Informed Qualitative Analysis. In Grey, B. ed. (2026) '*The Meaning of the Child Interview: Making Sense of Parent-Child Relationships*', Palgrave Macmillan (Palgrave texts in Counselling and Psychotherapy Series), Switzerland.
- Dallos R, Grey B, and Stancer R (2026), The Meaning of the Child in Families Living with a Child Diagnosed with Autism: Security, Exploration and Therapy. In Grey, B. ed. (2026) '*The Meaning of the Child Interview: Making Sense of Parent-Child Relationships*', Palgrave Macmillan (Palgrave texts in Counselling and Psychotherapy Series), Switzerland.
- Barrow, V and Grey, B (2026), The Meaning of the Adopted Child – The Knowing Me Knowing You Course. In Grey, B. ed. (2026) '*The Meaning of the Child Interview: Making Sense of Parent-Child Relationships*', Palgrave Macmillan (Palgrave texts in Counselling and Psychotherapy Series), Switzerland.
- Bhreathnach E, Grey B, and West C (2026), The Meaning of the Child in Sensory Attachment Intervention. In Grey, B. ed. (2026) '*The Meaning of the Child Interview: Making Sense of Parent-Child Relationships*', Palgrave Macmillan (Palgrave texts in Counselling and Psychotherapy Series), Switzerland.
- Molloy N, Keogh T, and Grey B (2026), *The Meaning of the Child in an Irish Context: Bringing the 'Why' into Parenting Capacity Assessments*. In Grey, B. ed. (2026) '*The Meaning of the Child Interview: Making Sense of Parent-Child Relationships*', Palgrave Macmillan (Palgrave texts in Counselling and Psychotherapy Series), Switzerland.
- Guðmundsdóttir R B, and Grey B (2026), *The Meaning of the Child in Child Welfare: A Case Study of Assessment and Intervention in an Icelandic Context*. In Grey, B. ed. (2026) '*The Meaning of the Child Interview: Making Sense of Parent-Child Relationships*', Palgrave Macmillan (Palgrave texts in Counselling and Psychotherapy Series), Switzerland.
- Grey, B (2026), The Meaning of the Child Interview – So What? Towards a Systemic and Ecological Assessment of Caregiving. In Grey, B. ed. (2026) '*The Meaning of the Child Interview: Making Sense of Parent-Child Relationships*', Palgrave Macmillan (Palgrave texts in Counselling and Psychotherapy Series), Switzerland.
- Cristina Catania, Richard Vytniorgu & Ben Grey (2026) How LGBTQ+ Parents Attach Meaning to Parenthood Within Heteronormative Contexts: A Scoping Review, *LGBTQ+ Family: An Interdisciplinary Journal*, DOI: [10.1080/27703371.2025.2604672](https://doi.org/10.1080/27703371.2025.2604672)
- De Brit A., Grey B. and Kinsella W (accepted for publication) "She Isn't Allowed to Get Upset About That": Parenting Narratives, Caregiving Behaviour and Child Attachment in Families of Autistic Children in Middle Childhood", *Human Systems: Therapy, Culture and Attachments*

Professional Publications

- Grey, B (1997), 'Just Therapy? Can Therapeutic Social Work be Truly Anti Oppressive', Surbiton: Social Care Association (SCA)
- Grey, B (2001) 'Called to Account', *Family Law Journal*, No. 12, December
- Grey, B (2001) 'On the wrong side of the law', *Community Care*, 18th November, concerning CAFCASS and the role of Children's Guardians
- Grey, B (2002) 'Turning the Clocks back – Could CAFCASS' current crisis have been avoided?', *Representing Children*, Vol. 14, No. 4

- Grey, B (2003) 'Can CAFCASS change? Reflections on the Report of the Inquiry into CAFCASS by the House of Commons Select Committee of the LCD', *Seen and Heard*, Vol. 13, no. 2
- Grey, B (2005) 'Attachment Theory – A Family Court Practitioner's Tool? Foundations', *Representing Children*, Vol. 18:1
- Grey, B (2005) 'Long-Term Fostering or Adoption? A Research Review', *Seen and Heard*, Vol. 15, no. 4
- Grey, B (2006) 'Attachment Theory – A Family Court Practitioner's Tool – Developing an Attachment Minded Practice', *Representing Children*, Vol. 18:2
- Grey, B (2007) 'Attachment in Adults: A Useful Concept in Family Court Proceedings', *Seen and Heard*, Vol. 17, no. 3
- Grey (2017) 'The Meaning of the Child to the Adoptive Parent: Understanding the Contribution of the Parent to the Parent-child relationships in Adoption', *Seen and Heard*, Vol. 27:2

Academic Posters, Presentations and Dissertation

- Crittenden P., de Mille A., de Mille P., Grey, B., and Landini, A., (July, 2010). "Assessing attachment for family courts: A protocol for empirically based evidence on attachment for family courts." Paper presented at the 3rd National research Conference on Child and Family Programs and Policy. Bridgewater, MA". Also presented at the 2nd Biannual Conference of the International Association of Attachment in Cambridge, August 2010
- Crittenden P., Grey, B. (2010) 'Assessing Parental Competence in Family Court Proceedings using the DMM-AAI' Poster presented to the 2nd Biannual Conference of the International Association of Attachment in Cambridge, August 2010
- Grey B (2010) 'The Meaning of the Child in Parenting Interviews: A comparative study using the Parent Development Interview and the CARE-Index', Poster and seminar presented to the 2nd Biannual Conference of the International Association of Attachment in Cambridge, August 2010
- Grey B. (2014) 'The Meaning of the Child to the Parent: The Development and Validation of a new method of classifying parenting interviews for the nature of the parent-child relationship', PhD thesis, London: University of Roehampton
- Grey, B (2014), 'The Meaning of the Child to the Parent – An Inter-subjective Approach to Assessing Representations of Caregiving', Poster presented at the World Association of Infant Mental Health Conference, Edinburgh, June 2014
- Grey, B and Gunson, J (2014), 'What's Missing? Can a multi-disciplinary approach to using attachment theory and evidenced-based procedures make visible the gaps in protecting children highlighted by serious case reviews?' Poster/workshop at the World Association of Infant Mental Health Conference, Edinburgh, June 2014.
- Grey B and Kesteven J (2018), The Meaning of the Child Interview: Assessing Risk and Resilience in Parent-Child Relationships Through the Way Parents Speak about their Child (Workshop Presented at the 16th WAIMH congress in Rome, May 2018)
- Grey B (2025) 'The Psychology of Attachment and Autism', Seed talks workshop, June 2025
- Grey B (2025), 'Why Can't You Just Be Normal? Making Sense of Autism in Family Relationships', Keynote address to the Bowlby Centre Annual Conference, October 2025

External Examiner Appointments

University of Leicester, Doctorate in Clinical Psychology

University of Cambridge, MPhil

Journal and Publication Peer Reviews

I have carried out article and book proposal reviews for the following journals and publishers:

- Human Systems: Therapy, Culture and Attachments (I am on the Advisory Editorial board for this journal)
- Clinical Child Psychology and Psychiatry
- Palgrave Macmillan (Palgrave Texts in Counselling and Psychotherapy)

References:

All references are to own publications above, except:

Duschinsky, R. (2020). *Cornerstones of Attachment Research*. Oxford: Oxford University Press
<https://doi.org/10.1093/med-psych/9780198842064.001.0001>

Farnfield, S., (2016) The Child Attachment and Play Assessment (CAPA): Validation of a new approach to coding narrative stems with children ages 3–11 years. *International Journal of Play Therapy*, 25(4), p.217.